




BlueCross BlueShield
of Texas

Healthy Texas Women Program Launches Enhanced Postpartum Care

Healthy Texas Women (HTW) is a core women's health and family planning program for low-income women without health insurance. Eligible women are auto enrolled into HTW when their Medicaid for Pregnant Women coverage ends.

New Program

[Texas Health and Human Services \(HHSC\)](#)  launched a new postpartum services package for HTW clients call **Healthy Texas Women Plus**. Benefits available through HTW Plus focus on treating health conditions that contribute to maternal morbidity and mortality, including postpartum depression, cardiovascular conditions, and substance use disorders.

Eligibility

BCBSTX checks women with extended eligibility for Medicaid for Pregnant Women due to the Public Health Emergency (PHE) for HTW eligibility. Eligible women will be automatically enrolled in HTW and eligible for HTW Plus services. If eligible for services, women will receive a letter from HHSC confirming their enrolment in HTW and HTW Plus services. Renewals during the PHE will continue to be eligible for HTW. Members will receive notification of next steps after PHE ends.

New Covered Services

- Individual, family and group psychotherapy services
- Peer specialist services
- Imaging studies, blood pressure monitoring, and anticoagulant, antiplatelet, and antihypertensive medications
- Screening, brief intervention, and referral for treatment (SBIRT)
- Outpatient substance use counselling
- Smoking cessation services
- Medication – assisted treatment (MAT)

New Types of Providers Needed

- Chemical dependency treatment facilities
- Opioid treatment programs
- Licensed professional counsellors
- Licensed clinical social workers
- Psychologists and Psychology groups
- Psychiatrists
- Cardiologists



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Provider Enrollment


BCBSTX requires providers who want to become an HTW provider (including HTW Plus providers) to enroll with Texas Medicaid and complete the HTW certification available through the Texas Medicaid & Healthcare Partnership (TMHP). Visit www.tmhp.com/programs/htw for more information.

For Additional Information

Additional information and updates about the program, visit: www.healthytexaswomen.org

If you have questions call our BCBSTX Medicaid Network Department at 1-855-212-1615.

Attachment: HTW Plus Flier.pdf

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